



Lacrosse Clinics

40 Southlawn Court . Rockville, MD 20850 . ph: 301.838.7403 . www.championsfieldhouse.com



Winter 2010

WINTER "GET GOOD" GIRL'S WINTER LACROSSE CLINIC

Skills, drills, speed, agility training and modified play.

Age: Middle School 8 Sessions
Tuesdays 4 - 5 pm
January 5th - February 23rd Cost: \$150

NEW YEAR LACROSSE CLINIC: GIRLS & BOYS

Champions Fieldhouse wants to ring in 2010 welcoming you and your family to the fieldhouse. We are offering a special promotional rate for five week clinics in field hockey, soccer, lacrosse, and futsal of \$50.00. You can also purchase a \$50/punchcard good for one year to use towards these clinics. We will be offering multiple sessions of this promotion throughout the year.

Age: High School 5 Sessions
Fridays 4 - 5 pm
January 15th - February 12th Cost: \$50

2010 LAX TOTS

Multiple sessions in this Winter, Spring & Summer. Tons of fun for the little ones!

Age: 4 - 7 years old 4 Sessions
Saturdays, January 9th - 30th OR 9 - 10 am
Cost: \$60
Tuesdays, February 2nd - 23rd 1 - 2 pm
Cost: \$60
Saturdays, February 6th - 27th 9 - 10 am
Cost: \$60

BREAKOUT LACROSSE: BOYS CLINICS

Skills, drills, speed and agility training. In depth coaching focusing on specific skills. Players will be grouped by age and skill level.

Age: Elementary School 6 Sessions
Thursdays 6:30 - 7:30pm
January 7th - February 11th Cost: \$150

Age: High School/Middle School - Beginners 4 Sessions
Saturdays 10 - 11:30 am
January 23rd - February 13th Cost: \$125

HOW TO REGISTER

You can join a program at any time & pay a pro-rated rate if the class isn't full.

There are several convenient ways to register for our clinics.

1. Complete the waiver on the back of this flyer, include payment and mail to ChampionsFieldhouse, 40 Southlawn Court, Rockville, MD 20850.
or
2. Log onto www.championsfieldhouse.com, click on the specific clinic you would like to register for and follow instructions. For certain clinics, you will be able to register via our "MySam" registration to log into our "MySam" while others you can register via our web "QuickForm."
- or
3. If you have any questions or would like to register via phone, call us at 301.838.7403!

REGISTRATION IS NOW OPEN FOR

Spring Clinics

Summer Camps

Leagues



Champions FieldHouse
Registration/Waiver
Form

Parent/Guardian Name:

Address:

City, State Zip:

Phone:

Email:

Birthdate:

Participant Name:

Participant Birthdate:

League/Clinic:

Team Name:

Age Group:

Check | VISA | MCard # Exp. AV Fee:

Notes:

RELEASE OF LIABILITY, AGREEMENT TO ARBITRATE—READ BEFORE SIGNING

INDEMNITY: PLAYERS SHALL PLAY AT THEIR OWN RISK. ANY BODILY INJURY OR DAMAGE TO PROPERTY OF OT