



Volleyball Clinics/Leagues

40 Southlawn Court . Rockville, MD 20850 . ph: 301.838.7403 . www.championsfieldhouse.com

Summer 2010

GIRLS BEGINNER/INTERMEDIATE POSITION CLINICS:JV/VARSITY

Champions Field House is offering instructional clinics that will help develop your volleyball skills. Each session will focus on a different skill set – serving, passing, setting, and hitting. Beginner/Intermediate Skills Clinics: For those new to the sport or at the JV level. Learn the correct fundamentals

Setting Clinic : Focus on correct hand position and delivery of sets. Basic front and back sets

Dates: June 21st-22nd, 5:00-7:00PM Price: \$50

Passing/Hitting Clinic :Fundamentals of serve reception and attacking

Dates: June 23rd-24th, 5:00-7:00PM Price: \$50

Serving Clinic : Emphasis of proper mechanics of overhand floater

Date: June 25th, 4:00-6:00PM Price \$25

GIRLS ADVANCED POSITION CLINICS: JV/VARSITY

Champions Field House is offering instructional clinics that will help develop your volleyball skills. Each session will focus on a different skill set – serving, passing, setting, and hitting. Advanced Skills Clinics: For varsity and experienced club players. Learn advanced skills.

Setting Clinic : Setting different tempo sets to different locations; setter attacks, setter deception, running an offense.

Dates: August 2nd-3rd, 5:00-7:00PM Price: \$50

Passing/Hitting Clinic : Advanced serve reception, attacking different tempo sets, developing variety of attacks

Dates: August 4th-5th, 5:00-7:00PM Price: \$50

Serving Clinic : Emphasis on jump float and jump spin serves

Date: August 6th, 5:00-7:00PM Cost: \$25

GIRLS SKILLS TRAINING

Champions Field House is offering skills clinics that will help develop your volleyball skills. Each session will focus on a different skill set – serving, passing, setting, and hitting.

Age: Beginner/Intermediate

Dates: Thursdays, June 7th - July 29th Price: \$160

Times: 5:30pm - 7pm

GIRLS HIGH SCHOOL: SUMMER LEAGUE

INVITATIONAL HIGH SCHOOL SUMMER LEAGUE

This league is for varsity teams only. All teams must have a coach and a minimum of 10 players on their roster. All players must be experienced and committed to their team. Teams will be invited to participate. If you're team would like to register for this league and were not contacted, please contact Shang at CFH.

COT HIGH SCHOOL SUMMER LEAGUE

This league is for both JV and Varsity players who want to play together in preparation of the fall season.

Wednesdays, June 2nd – July 21st

Game times will rotate through the schedule and start at 6:15pm, 7:15pm, 8:15pm and occasional 9:15pm \$600 per team

HOW TO REGISTER
OR FOR MORE DETAILED INFORMATION
WWW.CHAMPIONSFIELDHOUSE.COM
OR CALL 301.838.7403



Champions FieldHouse Registration/Waiver Form

Parent/Guardian Name:

Address:

City, State Zip:

Phone:

Email:

Birthdate: MM/DD/YYYY

Participant Name:

Participant Birthdate: MM/DD/YYYY

Camp/League/Clinic:

Camp/Clinic Name:

Age Group:

Check | VISA | MCard # Exp. AV Fee:

Notes:

RELEASE OF LIABILITY, AGREEMENT TO ARBITRATE—READ BEFORE SIGNING

INDEMNITY: PLAYERS SHALL PLAY AT THEIR OWN RISK. ANY BODILY INJURY OR DAMAGE TO PROPERTY OF OTHERS CAUSED BY CUSTOMER'S USE OF CHAMPIONS FIELD HOUSE IS THE SOLE RESPONSIBILITY OF THE CUSTOMER. AS AN EXPRESS CONDITION FOR RENTING OR UTILIZING THE DESIGNATED SPACE, THE CUSTOMER AGREES TO INDEMNIFY AND HOLD HARMLESS CFH, ITS OFFICERS, AGENTS, EMPLOYEES, OWNERS AND CONTRACTORS, FOR ANY AND ALL LOSSES, INJURIES, OR DAMAGES TO ANY PERSON OR THING THAT SHALL ARISE FROM CUSTOMER'S USE OF CHAMPIONS FIELD HOUSE.

In consideration of being allowed to utilize the CFH, its related events and activities, I, the undersigned, acknowledge, appreciate, and agree that:

- a. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE RELEASEES or others, and assume full responsibility for my OR MY CHILD'S participation; and,
- b. I, for myself and as agent for those who will utilize the space which I have rented and/or any user or participant in any related CFH clinic, practice, league or other event HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE CFH, their officers, official agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property associated with my presence or participation, WHETHER ARISING FROM MY OWN NEGLIGENCE OR OTHERWISE to the fullest extent permitted by law.

ARBITRATION AND CLASS ACTION RESTRICTION: Customer hereby agrees to resolve any and all disputes arising out of this contract which through binding arbitration and further to handle each potential claim on an individual basis and not through class action. Any controversy less than \$2500 shall be limited to 2 hours or less by the ADR Representative. Said individual binding arbitration shall be administered by and under the rules of the "ADRMARYLAND" www.adrmaryland.com 1-888-88ADRMD under its Arbitration Rules and in Montgomery County, Maryland. Judgment on the award rendered by the Arbitrator(s) may be entered in any court having jurisdiction thereof. By agreeing to this the decision of the arbitrator is final the parties understand that they each waive their right to have such disputes resolved by trial by jury. The costs of arbitration shall be equally split by the parties pursuant to the rules of ADR Maryland.

Participant or Parent/Guardian of Participant

Dated: _____

Signature: _____

Printed Name: _____