



Volleyball Programs

40 Southlawn Court . Rockville, MD 20850 . ph: 301.838.7403 . www.championsfieldhouse.com



Updated 1/4/12

ADULT SINGLES VB DROP-IN

Come Play On Saturday Nights At Champions Fieldhouse!
Dates: Saturday Nights Times: 7pm

[3900] BOYS & COED PREP CLINIC

Age: High School Price: \$80 All Sessions or \$25 per
Dates: 2/7-2/28 Times: 8:30-10:30p
Day: Tuesdays Length: 4 weeks

[4542] SPRING BEGINNERS CLINIC

Clinic for both boys and girls designed for beginning players to teach the correct fundamental skills. The focus will be on developing a sound foundation of the basic skills of serving, passing, setting, attacking, and defensive movements using the USA Volleyball/Motor Learning approach for teaching skills.
Age: U14-U12; Coed Price: \$150
Dates: 5/15-5/31 Times: 6-8p
Days: Tues and Thurs Length: 3 weeks

[4543] SPRING INTERMEDIATE CLINIC

The focus will be on reinforcing the foundational skills of serving, passing, setting, attacking, and defensive movements using the USA Volleyball/Motor Learning approach for teaching skills. The right approach to team play will emphasize three contacts—pass, set, hit; dig, set, hit.
Age: U18-U14 Price: \$150
Dates: 5/15-5/31 Times: 6-8p
Days: Tues and Thurs Length: 3 weeks

GIRLS HS SUMMER VOLLEYBALL LEAGUE

This league is for both JV and Varsity players who want to play together in preparation of the Fall season. All teams must have a coach and a minimum of 10 players on their roster. All players must be experienced and committed to their team. Last season's teams included a State Champion and 2 other teams advancing to the State Semi-Finals. Built-in practice time for teams continue for 2012; and, discounted practice times on space available basis.
Age: High School Price: \$600 per team
Dates: 5/30-7/25 (no 7/4) Times: 5-10p
Day: Wednesdays Length: 8 weeks

[4544] BEGINNER/INTERMEDIATE SKILLS CLINIC

Age: 12-16 Price: \$150
Dates: 6/18-6/22 Times: 6-8p
Days: Mon-Fri Length: 1 week

[4545] BEGINNERS CAMP I

Primarily skill-work with a focus on proper technique; learn to serve, pass, set, and attack and the fundamentals of game-play. Campers get a tee-shirt and volleyball.
Age: 9-14; Coed Price: \$220
Dates: 6/18-6/22 Times: 9a-1p
Days: Mon-Fri Length: 1 week

[4546] GIRLS INTERMEDIATE CAMP

Focus on fundamental skills to develop proper techniques. Campers get a camp t-shirt and volleyball.
Age: 14-18 Price: \$220
Dates: 6/18-6/22 Times: 9a-1p
Days: Mon-Fri Length: 1 week

[4547] GIRLS ADVANCED CAMP

Age: 16-18 Price: \$250
Dates: 6/25-6/28 Times: 9a-1p
Days: Mon-Thur Length: 4 days

[4548] GIRLS HS SKILLS ACADEMY

Improve your game - instructional clinics that will further develop your volleyball skills, Focus on serving, passing, setting, attacking, blocking, floor defense.
Age: 14-18 Price: \$175
Dates: 6/26-7/26 Times: 6-8p
Days: Tues and Thurs Length: 5 weeks


[4549, 4550] BEGINNERS CAMP

See Description in Beginners Camp I.
Age: 9-14; Coed Price: \$175
Dates: 7/9-7/13 Times AM: 9a-12p
Days: Mon-Fri Times PM: 2-5p
Length: 1 week

HOW TO REGISTER

Complete & sign CFH registration form:

 Mail form along with payment to
Champions Fieldhouse, 40 Southlawn Court, Rockville, MD 20850

 Log onto www.championsfieldhouse.com & click on the specific sports program page. You can register for most programs via CFH QuickForms or MYSam (login required for MYSam).



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[4551, 4552] GIRLS INTERMEDIATE CAMP AM, PM

Age: 14-18 Price: \$175
Dates: 7/9-7/13 Times AM: 9a-12p
Days: Mon-Fri Times PM: 2-5p
Length: 1 week

[4553, 4554] GIRLS HIGH SCHOOL PREP I, II

Age: 14-18 Price: \$250
Session I: 7/30-8/2 Times: 9a-3p
Session II: 8/6-8/9 Length: 4 days
Days: Mon-Thur

[4555] BOYS VOLLEYBALL CAMP

Campers receive a tee-shirt and volleyball.
Age: 12-18 Price: \$250
Dates: 7/30-8/2 Times: 9a-3p
Days: Mon-Thur Length: 4 days

[4556] GIRLS ADVANCED SKILLS CLINIC

Age: 14-18 Price: \$150
Dates: 7/30-8/3 Times: 6-8p
Days: Mon-Fri Length: 1 week

[4557] GIRLS HIGH SCHOOL PREP LITE CAMP

Age: 14-18 Price: \$175
Dates: 8/4-8/5 Times: 9a-3p
Days: Sat-Sun Length: 2 days


GIRLS HIGH SCHOOL PREP MINI [4558] CAMP

Age: 14-18 Price: \$150
Dates: 8/6-8/10 Times: 6-8p
Days: Mon-Fri Length: 1 week

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