



Girls Lacrosse Programs

40 Southlawn Court . Rockville, MD 20850 . ph: 301.838.7403 . www.championsfieldhouse.com

Updated 1/4/12

JACKALS LACROSSE TRYOUTS

Tryouts will be held Sunday, January 29, 2012 at the Academy of the Holy Cross (4920 Strathmore Ave. Kensington MD 20895)

- Little Jackals Team Placement - 11a - 12p (1st through 5th Grades)
- Jackals Middle School - 12 - 1:30p (Graduating years 2016, 2017, & 2018)
- Jackals High School - 11a - 12:30p (Graduating years 2013, 2014, 2015)

- The tryouts will include drills, timed runs, small sided games, and full field scrimmaging.
 - Please bring your women's lacrosse stick, goggles, mouthguard, and wear a reversible jersey to tryouts
 - Please plan to arrive 20 minutes before tryouts begin to allow for check-in
 - A \$25 registration fee is required
- For more information go to www.jackalslax.com.

MIDDLE SCHOOL WINTER TURF LEAGUE

League has expanded to 12 weeks! Register as a team or as an individual on a house team. Divisions A & B. League shirts provided.

Age: U9, U11, U13, U15

Dates: Dec 3, 10, 17; Jan 7, 14, 21, 28; Feb 4, 11, 18, 25; Mar 3

Day: Saturdays

Price: \$225 per player

Length: 12 weeks w/ built-in snow date

Times: 2 - 9pm

HIGH SCHOOL WINTER TURF LEAGUE

Age: High School Varsity & JV

Dates: Dec 3, 10, 17; Jan 7, 14, 21, 28; Feb 4, 11, 18, 25; Mar 3

Day: Saturdays

Price: \$225 per player

Length: 12 weeks w/ built-in snow date

Times: 2 - 9pm

[3843] HS PREP CLINIC

Clinic and game play, strength and conditioning, and teaching with film.

This will greatly benefit players looking to fine tune and master every aspect of the game.

Grades: 9-12

Dates: 12/5 - 2/20

Times: 4:30 - 6pm

Price \$295 per player

Day: Mondays

Length: 12 weeks with a built-in snow day.

[4181, 4419] MIDDLE SCHOOL LAX ACADEMY

Detailed instruction for 6th-8th grade girls. Perfect for the player who is looking to improve her game and work on specific skills. 7 Weeks.

Grades: 6th - 8th

Price: \$175

Session IV: 1/3 - 2/14

Day: Tuesdays

Times: 4:30pm - 6pm

Length: 6 weeks

Session V: 3/14 - 4/25

Day: Wednesdays

Times: 4:30 - 6p

[4180, 4416] REC LEVEL GIRLS CLINIC

Perfect for the player who wants to learn the sport. Individual skills and game-like drills.

Ages: 8 - 14

Price: \$120

Session IV: 1/3 - 2/7

Times: 5 - 6pm

Day: Tuesdays

Length: 6 weeks

Session V: 3/12 - 4/23

Price: \$140

Day: Mondays

Times: 4:30-5:30p

[4417] ELEMENTARY GIRLS CLINIC

Grades: 1st - 5th

Price: \$120

Date: 3/12 - 4/16

Day: Mondays

Time: 5:30 - 6:30p

Length: 6 weeks

WALL LACROSSE PLAYER REGISTRATION

Can you keep up with the competition? Come out and compete with the best teams in the area during WALL's Spring Ball League at the Maryland Soccerplex. Whether you are just starting out or hoping to play Division I college lacrosse, we have the league for YOU!

Age Brackets: 2012 | 2013 | 2014 | 2015

Price: \$165 per player Game Days: Saturdays & Sundays

GAME PLAY - April 14 - May 26

For more information, go to wall-lacrosse.com.

HOW TO REGISTER

Complete & sign CFH registration form:



Mail form along with payment to
Champions Fieldhouse, 40 Southlawn Court, Rockville, MD 20850



Log onto www.championsfieldhouse.com & click on the specific sports program page.
You can register for most programs via CFH QuickForms or MYSam.



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GIRLS SPRING 2012 LACROSSE LEAGUE

Registration is now open for the Champions Girls Lacrosse Program. The Champions Girls Lacrosse program provides a fun environment perfect for beginners and new players to learn the fundamental skills and rules of lacrosse while growing into the game. Practices held weekly with games on Sundays. Girls will participate in the Lax Splash Tournament in early June. ALL SKILL LEVELS WELCOME. NO EXPERIENCE NECESSARY.

Grade Groups: 1 - 8
Dates: 3/25 - 6/3

Price: \$200
2x weekly practices
begin 3/4

For questions, please contact Jim Cahill at
JCAHILL@CHAMPIONSFIELDHOUSE.COM.

[4712] SPRING BREAK CAMP

Age: 11-15
Dates: 4/2-4/6
Day: Mon-Fri

Price: \$175
Times: 9a-1p
Length: 1 week

WALL LACROSSE SUMMER CAMP AT MD SOCCERPLEX

Session I: 6/18 - 6/22
Session II: 7/23 - 7/27
Day: Mon-Fri

Price: \$275
Times: 9a-3p
Length: 1 week

Location: Maryland Soccerplex, 18031 Central Park Circle, Boyds, MD

[4351, 4352] INTERMEDIATE MS CAMP I, II

Grade: Middle School
Session I: 6/18- 6/22
Session II: 6/25-6/29
Day: Mon-Fri

Price: \$200
Times: 9a-1p
Times: 1p-5p
Length: 1 week

[4353, 4354] BEGINNER MS CAMP I, II

Grade: Middle School
Session I: 6/18- 6/22
Session II: 6/25-6/29
Day: Mon-Fri

Price: \$200
Times: 9a-1p
Times: 1p-5p
Length: 1 week

[4355, 4356] GR K - 2 (ELEM) SCHOOL CAMP I, II

Grades: K-2
Session I: 6/18- 6/22
Session II: 6/25-6/29
Day: Mon-Fri

Price: \$200
Times: 9a-1p
Times: 1p-5p
Length: 1 week

[4355, 4356] GR 3- 5 (ELEM) SCHOOL CAMP I, II

Grades: 3-5
Session I: 6/18- 6/22
Session II: 6/25-6/29
Day: Mon-Fri

Price: \$200
Times: 9a-1p
Times: 1p-5p
Length: 1 week

[4378] LAX ACADEMY ADVANCED CAMP

Grades: High School
Dates: 6/18- 6/22
Day: Mon-Fri

Price: \$250
Times: 5:30-8:30p
Length: 1 week

[4378] LAX ACADEMY INTERMEDIATE

Grades: High School
Dates: 6/18- 6/22
Day: Mon-Fri

Price: \$250
Times: 5:30-8:30p
Length: 1 week

[4379] END OF SUMMER CAMP: INTERMEDIATE

Age: 8-13; 14-18
Dates: 7/30-8/3
Day: Mon-Fri

Price: \$200
Times: 9a-1p
Length: 1 week

[4380] END OF SUMMER CAMP: BEGINNER

Age: 8-13; 14-18
Session I: 7/30-8/3
Day: Mon-Fri

Price: \$200
Times: 9a-1p
Length: 1 week

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