



2011-2012 Boy's Indoor Lacrosse League!

- Who:** Boys U9-U15
12 -15 boys per team is ideal (no less than 12 players)
- When:** Sundays 8am – 3pm
December 4, 2011 – February 5, 2012 (8 weeks)
- Where:** Champions Fieldhouse
40 Southlawn Court Rockville, MD 20850
(2 indoor sized fields without boards)
- Cost:** \$1,500 per team or \$175 per player

Compete in a controlled indoor setting with some of the best youth programs in the DC/MD/VA area!

Format:

- (2) 25 minute halves - each game will start promptly on the hour
- Teams will play 6 v 6 with goalies (2 attackmen, 2 midfielders, 2 defensemen and 1 goalie)
- Teams must keep 2 defensemen and 2 attackmen back at all times
- Players must have their own equipment and long poles are permitted
- Certified referees at all games
- All substitutions are on the fly
- Run and Gun style! Face-off to start each half only - goalie clears the ball after a goal upon officials whistle
- 1 timeout per half (no timeouts with 5 minutes left in game)
- Games ending in a tie during regulation will result in one (2) minute sudden-death overtime (if it is still a tie after 2 minutes, the game will end in a tie)
- Championship format with league champion crowned at the end of the winter!
- All Teams must have at least one goalie on their roster to ensure a goalie is in goal each game
- Questions – Matt Durkin (durkin4@hotmail.com)

To Register - www.championsfieldhouse.com



Work Hard, Have Fun, BREAKOUT!